



UNIVERSITY OF CALGARY

DINOS FIELD HOCKEY



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<https://godinos.com>



@dinosfhc

OVERVIEW OF THE DINOS PROGRAM

8 MONTHS OF HIGH PERFORMANCE TRAINING

- ▶ NCCP qualified staff with national and international experience coaching both outdoor and indoor field hockey
- ▶ Elite strength and conditioning year-round program with highly qualified trainers
- ▶ State of the art athletic facilities including a brand new water-based astroturf, the Olympic Oval, and world renowned Human Performance Laboratory and Sports Medicine Centre

1 PRE-SEASON TRAINING CAMP

- ▶ Including a trip to train abroad approximately every 2 years
- ▶ Selections for the squad and travelling team are made after the completion of training camp (begins mid-August when athletes must return to Calgary)

8 SEASON GAMES IN U SPORTS COMPETITION

- ▶ Competing in the Canada West University Athletic Association (CWUAA), one of the strongest conferences within Canadian University Sports (U SPORTS)
- ▶ Competing against the University of Victoria and the University of British Columbia, round robin play from September through October determines who continues to the National Championships in November
- ▶ Strong connections with the Women's NextGen, Junior Women's National Team, and Women's National Team programs

1 INDOOR TOURNAMENT

- ▶ Annual Dinos Indoor Tournament in Calgary, AB during off-season training that runs from November through March

**Please note that this is an overview and the Dinos program is subject to changes*



CALGARY





THE TEAM

Dinos Field Hockey believes that a strong field hockey player is not only a strong individual athlete, but also a strong team player. By working collectively toward our championship goals, the Dinos have become a close ambitious group of athletes, students, and lifelong friends. Dinos develops student-athletes to excel in their sports and academics, while growing leaders to excel in their communities and careers upon graduation.



HEAD COACH

Jenn Beagan

- ▶ Beagan joins the Dinos for the 2024 season with extensive experience and a resume to match. She serves as Canada's Junior National team's head coach and runs Calgary's training hub for Canada's Women's NextGen National Program.
- ▶ Beagan is a Chartered Professional Coach holding an Advanced Coaching Diploma and NCCP Competition Development Certification. She is a FIH Coach Developer and Master Coach Developer for the CAC.
- ▶ She was an All-Conference and All-Region Midfielder at Kent State University while obtaining a Masters in Architecture.

THE UNIVERSITY OF CALGARY

UCalgary is one of Canada's top research institutions and ranks among the world's top 200 universities. UCalgary has been an institution of academic excellence for over 45 years, with a young and vibrant campus community geared toward providing you with a memorable university experience. Choosing to live, learn, and play at UCalgary means you'll have opportunities to generate new knowledge, engage with the community, and experience academic and athletic excellence.

SELECT YOUR PROGRAM

- ▶ 14 undergraduate faculties and over 250 specialized and unique programs to choose from

ENGAGE IN CAMPUS LIFE

- ▶ Over 300 student clubs on campus, ranging in interests and involvement
- ▶ Participate in student traditions like O-Week and Bermuda Shorts Day
- ▶ 27,000+ undergraduate students
- ▶ 185 study abroad opportunities

FIND YOUR NEW HOME

- ▶ All first-year and second-year students are guaranteed a home on campus
- ▶ Living in residence will ensure you're instantly connected to our campus community
- ▶ On average, 30% of the team lives in residence in their first two years

FINANCE YOUR EDUCATION

- ▶ \$16M+ scholarships, bursaries and awards available annually
- ▶ Entrance scholarships for academic and athletic merit
- ▶ Returning athletes receive the Jimmie Condon Athletic Scholarship (\$1800 annually)*

*Limited to 16 per team and a minimum 2.0 GPA required

PERKS OF BEING A DINO

- ▶ Exclusive access to amenities like the Olympic Oval weight room and our world-renowned Sports Medicine Centre
- ▶ Athlete-specific academic advising and free tutoring services
- ▶ Student-athlete identification card providing discounts and free entries at places like Fuel for Gold, the Den and Dinos Playoff Games
- ▶ A sense of community on campus with your teammates and the 14 other varsity sports teams



#10
TOP RESEARCH
UNIVERSITY
IN CANADA

RANKED IN THE
TOP 200
UNIVERSITIES
WORLDWIDE

202,500+
ALUMNI IN MORE
THAN 150
COUNTRIES

YOUR NEXT STEPS TO JOINING UNIVERSITY OF CALGARY DINOS FIELD HOCKEY

1

Apply for admission to UCalgary before the enrolment deadlines.

<https://www.ucalgary.ca/future-students/undergraduate/apply>

2

Contact the coaching staff to show your interest to pursue a career with Dinos.

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3

Send us a video or make arrangements for us to see you play.

By taking initiative well in advance, you will allow us to assess your chances of making the team.

Thank you for considering the University of Calgary and the Dinos Women's Field Hockey team. We believe we have much to offer prospective student-athletes and are keen to answer any further questions you may have. We encourage you to explore the UCalgary website to learn more about how Dinos might be the right fit for you.

<https://www.ucalgary.ca/future-students/undergraduate>



WE ARE ALL DINOS

